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Tips before your Oral Surgery or Dental procedure with Oral Sedation

This is for patients who have been prescribed special anti-anxiety pills for the appointment. You would have had an assessment visit with your dentist prior to booking this appointment. This cannot be requested on the day of your surgery.

1. You may not have anything to eat or drink (including water) for 4 hours prior to the appointment.
2. A responsible adult must accompany you to the office, remain in the office during the procedure, and drive you home. We will not send you home unsupervised under any circumstances (Taxi, public transport included). You cannot drive a vehicle or operate any machinery for 24 hours following the anesthesia experience.
3. Please wear loose fitting clothing with sleeves which can be rolled up past the elbow, and flat shoes.
4. Do not wear excessive makeup, or nail polish on the day of surgery. This helps us to assess your vital signs.
5. If you have an illness prior to the surgery such as a cold, sore throat, stomach or bowel upset, please notify the office. Ladies, it is not a problem if you are on your period.
6. Make a trip to the washroom just prior to being seated.

Please call us at 416-519-5550 if you have any further questions.